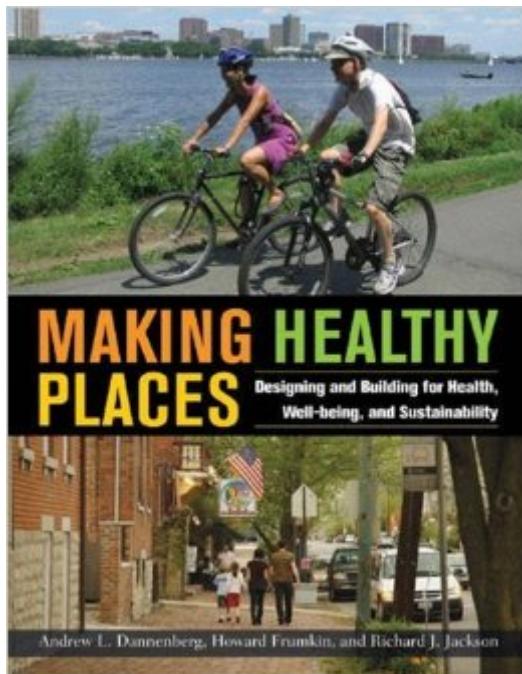


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# Making Healthy Places: Designing And Building For Health, Well-being, And Sustainability



## **Synopsis**

The environment that we construct affects both humans and our natural world in myriad ways. There is a pressing need to create healthy places and to reduce the health threats inherent in places already built. However, there has been little awareness of the adverse effects of what we have constructed-or the positive benefits of well designed built environments.Â This book provides a far-reaching follow-up to the pathbreaking *Urban Sprawl and Public Health*, published in 2004. That book sparked a range of inquiries into the connections between constructed environments, particularly cities and suburbs, and the health of residents, especially humans. Since then, numerous studies have extended and refined the book's research and reporting. *Making Healthy Places* offers a fresh and comprehensive look at this vital subject today.Â There is no other book with the depth, breadth, vision, and accessibility that this book offers. In addition to being of particular interest to undergraduate and graduate students in public health and urban planning, it will be essential reading for public health officials, planners, architects, landscape architects, environmentalists, and all those who care about the design of their communities.Â Like a well-trained doctor, *Making Healthy Places* presents a diagnosis of--and offers treatment for--problems related to the built environment. Drawing on the latest scientific evidence, with contributions from experts in a range of fields, it imparts a wealth of practical information, with an emphasis on demonstrated and promising solutions to commonly occurring problems.Â

## **Book Information**

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## **Customer Reviews**

In a thorough, well-cited and comprehensive look at socio-economic-political factors and the ecosystem issues surrounding various facets of healthcare/wellness, the editors successfully present a wide cross-section of research. This collection of semi-autonomous chapters provide a compelling summary of research in these related fields while arguing for a more systematic and systems-thinking approach to the problems on healthcare/wellness. While potentially an excellent text book for advanced undergraduate or graduate courses, for a practitioner or a researcher in this field, the collection under-delivers in a couple of critical issues- the role of technology and the increasing digital dexterity of the average person - as a part of the solution is completely ignored. A less critical issue is that while the authors provide confidence (and hope) in these research areas, its applicability in retrofitting our existing infrastructures/systems seems quite weak - most ideas seem more appropriate if one were to build a system from scratch - or perhaps, that's a key point the editors are conveying. Nevertheless, this is a treasure trove for a policy wonk, students or researchers of a variety of disciplines, and anyone who is curious to understand how a range of disciplines are converging to attempt solutions for an issue that impacts everyone.(Review based on an advance copy provided by publisher via NetGalley and adapted from my blog)The book is organized in 5 parts. By providing a detailed landscape of the research in the various disciplines, the key issues in preventive care, evidence generation and public planning and the inter-relation of various disciplines is made very clear in the first part.

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